Winter 2022 Community Education Program

**BCS COMMUNITY EDUCATION PROGRAM** 

**Director of Community Education:** James Cantella: 716-795-3832, jcantella@barkercsd.net

Winter 2022 Classes Begin January 24<sup>th</sup> & End March 24<sup>th</sup>

No classes February 21st - 24th

Check website for updates to schedules:

www.barkercsd.net/adulted

Ongoing registrations will be honored unless class has been canceled. Please register early to ensure that classes are not canceled due to low enrollment.

# **Special Programs**

AARP SMART DRIVER

H. S. Cafeteria

Tuesday, March 29th & Wednesday, March 30th, 6 - 9 PM

The AARP Smart Driver™ Course includes a focus on areas where drivers could benefit from additional training. This program is beneficial for all ages! A minimum of 15 people are required to hold this class. Participants must attend both evenings to qualify for discounts. Participants of the course will qualify for a discount on their automobile insurance. Participants will also qualify for a 3-point reduction on their driver's license for any points previously accrued for moving violations. Check with your insurance provider for specifics. Instructor: George Laskey Cost: \$30 AARP Members/\$35 Non-Members 2 Classes

**Checks made payable to: AARP – NOT to BCS** 

Write AARP member # in memo

COMMUNITY BAND

Band Room

Mondays 7 - 9 PM

The Barker Community Band has been performing music in Barker and neighboring communities since 1984. This ensemble makes appearances at charity events, churches, parks and schools. It is a year-round course and is open to anyone with a background in instrumental music. Questions – contact Marcia Frost at mfrost88@yahoo.com

## **Regular Classes**

#### ANTIQUE AUTO RESTORATION

**Room 161** 

#### Tuesdays, 4 - 6 PM

Come and explore the various techniques used to accomplish sheet metal work, welding, painting, cleaning and other tasks necessary to restore antique automobiles. No formal instruction given. There will be a charge for all materials used. LAB FEE: Participants will be charged for, and will be responsible for all supplies used in course.

Instructor: Tom Mallon	\$30.00 (Seniors \$15.00)	8 weeks

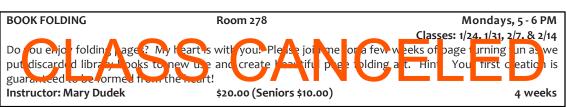
**BEGINNER KNITTING** 

Room 183

Tuesdays, 6 - 8 PM

Learn the creative and fun activity of knitting! Each week will focus on a different topic, including tools, stitches, patterns and history. You will need to bring a pair of single-point knitting needles and a skein of yarn (any size will do for this first practice session). We will discuss additional materials you will need to buy for a specific project that you will make during the remainder of classes. Instructor: Karen Davis \$30.00 (Seniors \$15.00)

8 weeks



unmun

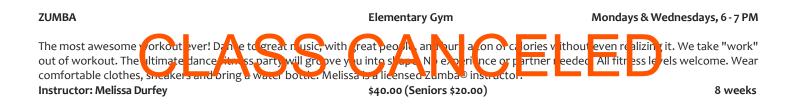
BODY SCULPTING	Elem. Gym	Tuesdays & Thursdays, 7:30 - 8:30 PM		
This fast-paced class will help you strengthen, tone and shape your body. Following the interval training concept, low impact movements are alternated with weight-bearing exercises to challenge and meet your fitness goals. You will need a mat and weights. Trisha is a certified and experienced fitness instructor.				
Instructor: Trisha Mathison	\$40.00 (Seniors \$20.00)	8 weeks		
CERAMICS FOR BEGINNERS	Room 183	Thursdays, 6 - 8 PM		
Classes 2/3, 2/17, 3/10, & 3/24 Create functional and decorative pieces with a variety of hand-building techniques. Class is for beginners. No experience is necessary. There is a separate \$20 lab fee for materials collected first class.				
Instructor: Krista Beth Feltz	\$20.00 (Seniors \$10.00)	4 weeks		
GREETING CARDS CLASS	Room 183	Thursdays, 6 - 8 PM Classes: 1/27, 2/10, 3/3, & 3/17		
Do you enjoy stamping, coloring and scrapbooking but don't have the time to do large projects? Come join us and make greeting cards! Each week we will demonstrate cards using stamping, coloring with Copic markers, water color, embossing and more. We provide all of the materials to make 5 complete cards with envelopes. You will need to bring a tape/dot runner with refills or a bottle of liquid glue. Dot runners may be purchased at Walmart or any large craft store. Lab Fee for materials - \$12 per class.				
Instructors: Mary Kersch	\$14.00 (Seniors \$7.00)	4 weeks		
HALL WALKING		Mondays – Thursdays, 6 - 8 PM		
What better way to exercise than walking! Come walk with us in the halls of Barker Central School. Please wear comfortable clothing and good, comfortable walking shoes or sneakers. You may bring a water bottle, or water fountains are available. This exercise is designed for all ages and levels. Coat hooks are available by room 161 near the art rooms with the skylights.				
No Instructor	Free	All school year		
LAP SWIMMING Pool will be open for lap sv immir g-minimum of 6 reg Staff Life Guards	Pool stere needed schold class \$25.00	ELED 8 weeks		
STRETCH AND TONE YOUR BODY	Elementary Gym	Tuesdays and Thursdays, 6:30 - 7:30 PM		
This class is for everyone - men and women! Do you w on stretching, joint movement, flexibility, and strengt				

on stretching, joint movement, flexibility, and strength training. All exercises are done standing or sitting in a chair. There is no exercising on the floor. We have a good time socializing and exercising. Trish is a certified fitness instructor.
Instructor: Trisha Mathison \$40.00 (Seniors \$20.00) 8 weeks
STAINED GLASS (Two options) Room 160 Wednesdays or Thursdays, 6 - 8 PM

Create a stained glass piece by learning the copper foil method. A variety of glass is available. There is a separate \$20 lab fee for materials collected first class. There are two separate classes to register for - either Wednesdays or Thursdays.

Instructor: Sue McGee	\$30.00 (Seniors \$15.00)	8 weeks
VOLLEYBALL	H.S. Gym	Tuesdays & Thursdays, 7 - 9 PM STARTS March 1 <sup>st</sup>
NO STUDENTS. Mixed volleyball for all skill level p evening. Instructor: Jared Morgan	layers. A pleasant environment is maintained t <b>\$20.00 (Seniors \$10.00)</b>	o insure that all participants have an enjoyable <b>4 weeks</b>
WATER AEROBICS	Pool	Mondays & Wednesdays, 5:30 - 6:30 PM STARTS February 7 <sup>th</sup>
This water aerobics class will instruct participants	through very low impact aerobic exercise that	t encourages cardiovascular fitness. Come firm

Inis water aerobics class will instruct participants through very low impact aerobic exercise that encourages cardiovascular fitness. Come firmand tone those muscles through water resistance workouts using rhythmic exercises put to music for you. Instructors are certified lifeguards. Allworkouts will be in the shallow end of the pool and the class size is limited to 30 participants.Instructor: Beth VeRost\$40.00 (Seniors \$20.00)8 weeks



## American Legion Post #425 Military Museum

The American Legion Post #425 has a classroom across from the High School cafeteria. It is a Military Museum, which was started in the Yorker House south of the school. It contains memorabilia from the Civil War through today. You can see pictures of Barker Veterans starting with WWI, uniforms from different wars, books, pictures and hundreds of artifacts.

This room is a great history resource room for all teachers and students, and the community. Herb Loesch is available upon request by calling 716-471-0491 to set up appointments for anyone who would like to look back in history of our country. To visit during a Community Education session, you can also contact Jim Cantella at: jcantella@barkercsd.net

## **Important Community Education Information**

- **Doctor's Certificate of Health:** A physical examination is suggested prior to participating in physical fitness classes.
- <u>Eligibility</u>: In general, district residents and non-residents <u>who are 18 years of age or older</u> may enroll. High school students may enroll in any course with instructor approval and parental permission, and the understanding that no credit toward graduation will be granted.
- <u>Senior Citizens</u>: Senior Citizens, residents ages 55 and older, will be provided admission at 50% of the regular fee to all school-sponsored events if they present a Barker Central School District Senior Citizen Card. Non-residents will be required to pay the full admission fee. Registration forms must be submitted. Proof of age is required. In order to take advantage of senior citizen fee discount for courses and some special events, you need a Barker Central School Senior Citizen Card. You may receive this card by coming to the Barker Central School Superintendent's office and registering.
- **<u>Registration</u>**: Mail registration. Early registration protects against having to cancel due to insufficient registration. Please avoid disappointment by enrolling early. Registrants can assume they are officially registered unless notified and should begin attending classes on the scheduled starting date. You may register at the first session of class.
- Is Class Canceled? Whenever school is closed during the day due to inclement weather, no classes will be held that evening. Listen to local radio stations WBEN-AM 930 or WLVL-AM 1340 or TV Channels 2, 4 or 7 for school closings. If inclement weather begins later in the day, listen to local radio stations for announcements. Whenever possible, we will utilize the Blackboard Connect system to notify registered students in the event of a cancellation as noted above. Please be sure to provide a valid phone number for this purpose. Do not call the school. When a class cannot be held due to an illness or for other reasons, it is the instructor's responsibility to see that class members are notified. Canceled classes will be rescheduled by the instructor.
- <u>Material Cost</u>: Additional fees will be charged in classes where materials are used. These are to be paid by the second session.
- **Refunds**: Total refunds will be made only if a class is canceled or filled. Transfer of tuition to another course can be arranged where size of class permits. No transfers after second class meeting. No refunds after classes begin.
- No Smoking: Barker Central School is a non-smoking facility.

## **BCS Community Education Registration Form**

NAME:		
ADDRESS:		
CITY:	ZIP:	
HOME PHONE:	CELL PHONE:	
EMAIL: (For updated information and materials)	)	
COURSES:	COST:	
	COST:	

\*Check here if you are a District senior citizen.

You are eligible for a 50% discount if you are 55 years or older with a B.C.S. Senior Citizen card.

#### Instructions:

- 1. Completely fill out one form for each person.
- 2. Registration must accompany payment.
- Registrations will be accepted in order of postmark.
- 4. Please include your phone numbers to facilitate contacting you if necessary.
- 5. No refunds issued after classes begin.
- 6. You can assume your registration has been accepted unless you are notified otherwise.
- Make checks payable to: Barker Central School Community Education unless otherwise noted.
- and indicate the name of the course or courses on your check.

### PLEASE DO NOT SEND CASH.

9. Mail to:

James Cantella Director of Community Education Barker Central School District 1628 Quaker Road Barker, NY 14012

## **Questions?**

Please contact James Cantella, Coordinator of Adult/Community Education: 716-795-3832 jcantella@barkercsd.net

For a complete updated Community Education schedule please visit the B.C.S. website: <u>www.barkercsd.net/adulted</u>

Looking for new classes! Would you like to teach, or share your hobby? Be a teacher for Community Education once or twice a week. Please contact James Cantella jcantella@barkercsd.net